

From Home

Afternoon Tea Chocolate Delice

## **Delice Ingredients**

50g of egg yolks 25g of sugar 125ml of milk 125ml of double cream 175g of dark chocolate 75ml of whipping cream



# Salted Toffee Sauce Ingredients



250g of caster sugar125ml of water125ml of double cream60g of salted butter





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#### Afternoon Tea Chocolate Delice

## **Delice Method**

Melt the chocolate in a bowl over a pan of simmering water. Cream the egg and sugar together in a large bowl.

In a pan, heat the double cream and the milk together and pour onto the egg mixture. Return to the heat and cook until thickened, or until the mixture coats the back of a spoon  $(80^{\circ}C)$ 

Whip 75g of whipping cream to soft peaks. Place the chocolate into a blender and blitz, slowly add the warm custard mix until all is incorporated and smooth. Pour the mix into a clean bowl. Allow to cool slightly before folding in the whipped cream. Pour into your desired moulds or cups half way up.

Make a well in the middle of each delice fill with a ball of salted caramel. Fill the moulds the rest of the way up with the delice mixture and leave to set in the fridge.

### Salted Toffee Sauce Method



For the caramel, place the sugar and water in a pan over a medium high heat. Bring to a gentle boil without stirring and once the mixture turns a deep golden brown add the butter. Stir to combine - be careful: the

caramel will spit from the pan.



Reduce the heat, add the cream and mix well. Remove from the heat and chill.

Then serve.